

Know What's in the Medicine You Take:

Active Ingredients in OTC Pain Relievers, Antihistamines, Decongestants and Cough Medicines

Single Ingredient
Brand Names

Multiple-Ingredient Brand Names

Pain relievers

Acetaminophen

Tylenol: Tablets, Gelcaps, Geltabs, Caplets, Liquid, Arthritis Pain Extended Relief Caplets, Extended Release Geltabs, Sore Throat Adult Liquid

Alka-Seltzer Plus: Cold Medicine LiquiGels and Effervescent Tablets, Cold & Sinus Medicine Liqui-Gels, Effervescent Tablets, Night-Time Cold Medicine Liqui-Gels, Cold & Cough Medicine Liqui-Gels, Flu Medicine Liqui-Gels, Nose & Throat Cold Medicine Effervescent Tablets

Benadryl: Allergy & Cold Caplets, Allergy & Sinus Headache Caplets and Gelcaps, Severe Allergy & Sinus Headache Caplets

Contac: Severe Cold and Flu Caplets, Severe Cold and Flu Caplets Non-Drowsy

Excedrin: Tablets, Caplets and Geltabs, Aspirin-Free Tension Headache Caplets and Geltabs, Migraine Tablets, Caplets and Geltabs, PM Tablets, Caplets and Geltabs, QuickTabs Tablets

Goody's: Body Pain Formula Powder, Headache Powder, Pain Relief Tablets, PM Powder

Midol: Menstrual Caplets and

Singlet: Caplets

Sudafed: Non-Drowsy Cold & Cough Liquid Caps, Severe Cold Caplets and Tablets, Sinus & Cold Liquid Caps, Sinus Headache Caplets and Tablets, Sinus Nighttime Plus Pain Relief Caplets

TheraFlu: All Regular and Maximum Strength Hot Liquid

Triaminic: Flu, Cough & Fever Liquid, Cough & Sore Throat Liquid and Softchews

Tylenol: Allergy Sinus NightTime Caplets, Severe Allergy Caplets, Allergy Sinus Day Time Caplets, Gelcaps and Geltabs, Multi-Symptom Cold Non-Drowsy Caplets and Gelcaps, Multi-Symptom Cold Nighttime Complete Formula Caplets, Multi-Symptom Cold Severe Congestion Non-Drowsy Caplets, Flu Day Non-Drowsy Gelcaps, Flu NightTime Gelcaps and Liquid, PM Caplets, Geltabs and Gelcaps, Sinus Day Non-Drowsy Geltabs, Gelcaps and Caplets, Sinus NightTime Caplets, Women's Menstrual Relief Caplets

Vanquish: Caplets

Vicks: 44M Cough, Cold & Flu Relief Liquid, DayQuil LiquiCaps/Liquid, NyQuil LiquiCaps/Liquid

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| | <p>Gelcaps, PMS Caplets and Gelcaps</p> <p>Robitussin: Multi-Symptoms Cold & Flu Caplets and Softgels, Flu Liquid, Multi-Symptom Honey Flu Liquid, Sinus & Congestion Caplets</p> | |
| Aspirin | | |
| <p>Bayer: Genuine Tablets, Caplets and Gelcaps, Extra Strength Caplets and Gelcaps, Extra Strength Plus Caplets</p> <p>Ecotrin: Enteric Coated Aspirin Tablets</p> <p>St Joseph: Chewable and Enteric Coated Tablets</p> | <p>Alka-Seltzer: Original, Cherry, Lemon Lime and Extra Strength Antacid and Pain Reliever Effervescent Tablets, Morning Relief Tablets, Plus Flu Medicine Effervescent Tablets, PM Tablets</p> <p>Bayer: PM Caplets, Women's Aspirin Plus Calcium</p> | <p>BC: Powder, Allergy Sinus Cold Powder, Arthritis Strength Powder, Sinus Cold Powder</p> <p>Excedrin: Tablets, Caplets and Geltabs, Migraine Tablets, Caplets and Geltabs</p> <p>Goody's: Body Pain Formula Powder, Headache Powder, Pain Relief Tablets</p> <p>Vanquish: Caplets</p> |

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| Ibuprofen | | |
| <p>Advil: Tablets, Caplets, Gel Caplets and Liqui-Gels</p> <p>Motrin: IB Caplets, Tablets and Gelcaps</p> <p>Nuprin: Tablets</p> | <p>Advil: Allergy Sinus Caplets, Cold & Sinus Caplets, Tablets and Liqui-Gels, Flu & Body Ache Caplets, Migraine LiquiGels</p> | <p>Motrin: Sinus/Headache Caplets</p> |
| Ketoprofen | | |
| <p>Orudis: KT Tablets</p> | | |
| Naproxen sodium | | |
| <p>Aleve: Tablets, Caplets and Gelcaps</p> | <p>Aleve: Cold & Sinus Caplets, Sinus & Headache Caplets</p> | |
| Antihistamines | | |
| Brompheniramine | | |
| | <p>Dimetapp: Cold & Allergy Elixir, DM Cold & Cough Elixir</p> | <p>Robitussin: Allergy & Cough Liquid</p> |
| Chlorpheniramine | | |
| | <p>Advil: Allergy Sinus Caplets</p> <p>Alka-Seltzer Plus: Cold & Cough</p> | <p>Sudafed: Sinus & Allergy Tablets</p> <p>TheraFlu: Cold & Cough Night Time Hot Liquid, Cold & Sore Throat Night Time Hot Liquid, Flu & Cough Night Time Hot Liquid, Flu & Sore Throat Night Time Hot Liquid, Severe Cold & Congestion Night Time Hot Liquid</p> |

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| | <p>Medicine Effervescent Tablets and Liqui-Gels, Cold Medicine Liqui-Gels and Effervescent Tablets, Flu Medicine Effervescent Tablets, Nose & Throat Cold Medicine Effervescent Tablets</p> <p>BC: Allergy Sinus Cold Powder</p> <p>Contac: Severe Cold & Flu Caplets</p> <p>Robitussin: Flu Liquid, PM Liquid</p> <p>Singlet: Caplets</p> | <p>Triaminic: Cold & Allergy Liquid and Softchews, Cold & Cough Liquid and Softchews, Cold & Night Time Cough Liquid, Flu, Cough & Fever Liquid, Allergy Runny Nose & Congestion Softchews</p> <p>Tylenol: Allergy Sinus Caplets, Gelcaps and Geltabs, Multi-Symptom Cold Night Time Complete Formula Caplets</p> <p>Vicks: 44M Cough, Cold & Flu Relief Liquid</p> |
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| Dimenhydrinate | | |
| <p>Dramamine: Original Formula Tablets, Chewable Formula Tablets</p> | | |

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| Diphenhydramine | | |
| <p>Benadryl: Allergy Kapseals Capsules and Ultratab Tablets, Dye-Free Allergy Liqui-Gels Softgels</p> <p>Nytol: QuickCaps Caplets, QuickGels Softgels</p> <p>Simply Sleep: Caplets</p> <p>Sominex: Tablets</p> <p>Unisom: Maximum Strength SleepGels</p> | <p>Alka-Seltzer: PM Tablets</p> <p>Bayer: Nighttime Relief Caplets</p> <p>Benadryl: Allergy & Sinus Tablets, Allergy & Cold Caplets, Allergy & Sinus Headache Caplets and Gelcaps, Severe Allergy & Sinus Headache Caplets, Allergy & Sinus Fastmelt Tablets</p> <p>Excedrin: PM Tablets, Caplets and Geltabs</p> | <p>Goody's: PM Powder</p> <p>Sudafed: Sinus Nighttime Plus Pain Relief Caplets</p> <p>Tavist: Nighttime Allergy Caplets</p> <p>Tylenol: Allergy Sinus NightTime Caplets, Severe Allergy Caplets, Flu NightTime Gelcaps, PM Caplets, Geltabs and Gelcaps</p> |
| Doxylamine | | |
| <p>Unisom: SleepTabs</p> | <p>Alka-Seltzer Plus: Night-Time Cold Medicine Liqui-Gels and Effervescent Tablets</p> | <p>Tylenol: Flu NightTime Liquid, Sinus NightTime Caplets</p> <p>Vicks: NyQuil Liquid and LiquiCaps, NyQuil Cough Liquid</p> |
| Loratadine | | |
| <p>Alavert: Orally Disintegrating Tablets, Swallow Tablets</p> <p>Claritin: Non-Drowsy 24</p> | <p>Alavert: Allergy & Sinus D-12 Hour Tablets</p> <p>Claritin: D Non-Drowsy 12 Hour or 24 Hour</p> | |

Hour Tablets, Reditabs

Tablets

Decongestants**Pseudoephedrine**

Contac: Non-Drowsy 12 Hour Cold Caplets, Non-Drowsy Timed Release 12 Hour Cold Caplets

Sudafed: Non-Drowsy 30 mg tablets, 12 or 24 Hour Caplets

Actifed: Cold & Allergy Tablets, Cold & Sinus Caplets and Tablets

Advil: Allergy Sinus Caplets, Cold & Sinus Caplets, Tablets and Liqui-Gels, Flu & Body Ache Caplets

Aleve: Cold & Sinus Caplets, Sinus & Headache Caplets

Alka-Seltzer Plus: Cold & Sinus Medicine Liqui-Gels, Cold & Cough Medicine Liqui-Gels, Cold Medicine Liqui-Gels, Night-Time Cold Medicine Liqui-Gels, Flu Medicine Liqui-Gels

BC: Allergy Sinus Cold Powder, Sinus Cold Powder

Benadryl: Allergy & Sinus Tablets, Allergy & Sinus Headache Caplets & Gelcaps, Severe Allergy & Sinus Headache Caplets,
Claritin: D Non-Drowsy 12 or 24 Hour Tablets

Contac: Severe Cold and Flu Caplets

Dimetapp: Cold & Allergy Elixir, DM Cold & Cough Elixir

Motrin: Cold & Sinus Caplets

Robitussin: Allergy & Cough Liquid, CF Liquid, Cold & Congestion Caplets and Softgels, Cold Severe Congestion Softgels, Flu Liquid, Cough & Cold Liquid, PE Liquid, PM Liquid,

Simply Stuff: Liquid

Singlet: Caplets

Sudafed: Non-Drying Sinus Liquid Caps, Sinus & Allergy Tablets, Non-Drowsy Sinus Headache Caplets and Tablets, Severe Cold Tablets, Caplets

TheraFlu: Cold & Cough Hot Liquid, Cold & Sore Throat Hot Liquid, Flu & Congestion Non-Drowsy Hot Liquid, Flu & Cough Hot Liquid, Flu & Sore Throat Hot Liquid, Severe Cold & Congestion Hot Liquid, Severe Cold & Congestion Non-Drowsy Hot Liquid, Severe Cold Non-Drowsy Caplets

Triaminic: Chest & Nasal Congestion Liquid, Cold & Allergy Liquid, Cold & Cough Liquid and Softchews, Cold & Night Time Cough Liquid, Cough Liquid, Cough & Congestion Liquid, Cough & Sore Throat Liquid and Softchews, Flu, Cough & Fever Liquid, Allergy Runny Nose & Congestion Softchews, Chest and Nasal Congestion Liquid

Tylenol: Multi-Symptom Cold Night Time Caplets, Multi-Symptom Tylenol Cold Day Non-Drowsy Caplets and Gelcaps, Multi-Symptom Cold Severe Congestion Non-Drowsy Caplets, Flu NightTime Gelcaps and Liquid, Flu Non-Drowsy Gelcaps, Sinus NightTime Caplets, Sinus Non-Drowsy Geltabs, Gelcaps and Caplets, Allergy Sinus Day Caplets, Gelcaps and Geltabs, Allergy Sinus NightTime Caplets

Vicks: 44M Cough, Cold & Flu Relief Liquid, 44D Cough & Head Congestion Relief Liquid, DayQuil LiquiCaps/Liquid, NyQuil LiquiCaps/Liquid

Cough Medicines**Dextromethorphan**

Delsym: Extended- Release Suspension

Alka-Seltzer Plus: Cold & Cough Medicine Liqui-Gels, Night-Time Cold

TheraFlu: Cold & Cough Hot Liquid, Flu & Congestion Non-Drowsy Hot Liquid, Flu & Cough Hot Liquid, Severe Cold Hot Liquid, Severe Cold Non-Drowsy Hot Liquid

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| <p>Robitussin: Honey Cough Suppressant Liquid</p> <p>Simply Cough: Liquid</p> <p>Vicks: 44 Cough Relief Liquid</p> | <p>Medicine Liqui-Gels,</p> <p>Contac: Severe Cold and Flu Caplets, Severe Cold and Flu Caplets Non-Drowsy</p> <p>Dimetapp: DM Cold & Cough Elixir, Long Acting Cough Plus Cold Liquid</p> <p>Robitussin: Allergy & Cough Liquid, CF Liquid, Cold & Cough Caplets and Softgels, Coughgels, DM Liquid, Flu Liquid, Honey Cough Liquid, PM Liquid, Sugar Free Cough Liquid</p> <p>Sudafed: Severe Cold Tablets and Caplets</p> | <p>Triaminic: Cold & Cough Liquid and Softchews, Cold Night Time Cough Liquid, Cough Liquid, Cough & Nasal Congestion Liquid, Cough & Sore Throat Liquid and Softchews, Flu, Cough & Fever Liquid</p> <p>Tylenol: Multi-Symptom Cold Night Time Caplets, Multi-Symptom Cold Day Non-Drowsy Caplets and Gelcaps, Multi-Symptom Cold Severe Congestion Non-Drowsy Caplets, Flu NightTime Liquid, Flu Non-Drowsy Gelcaps</p> <p>Vicks: 44D Cough & Head Congestion Relief Liquid, 44E Cough & Chest Congestion Relief Liquid, 44M Cough, Cold & Flu Relief Liquid, DayQuil LiquiCaps/Liquid, NyQuil Cough Liquid, NyQuil LiquiCaps/Liquid</p> |
| Guaifenesin | | |
| <p>Mucinex: Extended-Release Tablets</p> <p>Robitussin: Expectorant Liquid</p> | <p>Primatene: Tablets</p> <p>Robitussin: CF Liquid, Cough & Cold Caplets and Softgels, Cold Severe Congestion Softgels, Cold Multi-Symptom Cold & Flu Caplets and Softgels, DM Liquid, PE Liquid, Sugar Free Cough Liquid</p> | <p>Sudafed: Non-Drying Sinus Liquid Caps</p> <p>TheraFlu: Flu & Congestion Non-Drowsy Hot Liquid</p> <p>Triaminic: Chest & Nasal Congestion Liquid</p> <p>Tylenol: Multi-Symptom Cold Severe Congestion Non-Drowsy Caplets</p> <p>Vicks: 44E Cough & Chest Congestion Relief Liquid</p> |

Note: This list does not include all combination pain reliever, allergy, cold and flu products that might be available.