

| Herbal Product or Supplement | Drugs that May Be Affected  |
|------------------------------|---|
| Chondroitin sulfate          | Daily therapy with aspirin (two brand names: Bayer, St. Joseph); blood thinners such as warfarin (brand name: Coumadin)   |
| Echinacea                    | Drugs to suppress the immune system, such as cyclosporin (brand names: Sandimmune, Neoral); and steroid medicines such as prednisone  |
| Ephedra                      | <u>Decongestants</u> or stimulants; caffeine; monoamine oxidase inhibitors (MAOIs), such as isocarboxazid (brand name: Marplan), phenelzine (brand name: Nardil), selegiline (one brand name: Eldepryl) and tranylcypromine (brand name: Parnate); blood pressure medicines, such as guanethidine (brand name: Ismelin); heart medicines, such as digoxin   |
| Garlic                       | Aspirin; nonsteroidal anti-inflammatory drugs (NSAIDs), such as ibuprofen (two brand names: Advil, Motrin), ketoprofen (one brand name: Orudis KT) and naproxen (one brand name: Aleve); blood thinners; diabetes medicines, such as chlorpropamide (brand name: Diabinese) and insulin   |
| Ginkgo biloba                | Aspirin; NSAIDs; blood thinners; “clot-busting” drugs such as ticlopidine (brand name: Ticlid); clopidogrel (brand name: Plavix); dipyridamole (brand name: Persantine); diuretics (water pills)  |
| Ginseng                      | Aspirin; NSAIDs; blood thinners; MAO inhibitors; heart medicines; diabetes medicines; diuretics   |
| Glucosamine                  | Diuretics; insulin  |
| Kava                         | Drugs to treat psychological problems, such as alprazolam (brand name: Xanax); sleeping pills; medicine used to treat Parkinson’s disease, such as levodopa (brand name: Dopar)   |
| Melatonin                    | NSAIDs; steroids, such as prednisone; anti-anxiety drugs, such as diazepam; blood pressure drugs, such as propranolol (one brand name: Inderal), metoprolol (brand names: Lopressor, Toprol-XL) and atenolol (brand name: Tenormin)   |
| Phytoestrogens               | Varies depending on exact substance used  |
| Saw Palmetto                 | Asthma medicines, such as metaproterenol (one brand name: Alupent), terbutaline (brand name: Bretnaire), albuterol (brand names: Proventil, Ventolin, Volmax); hormonal medications   |
| St. John’s wort              | Antidepressants, such as sertraline (brand name: Zoloft), paroxetine (brand name: Paxil) and nefazodone (brand name: Serzone); MAOIs; warfarin (brand name: Coumadin); digoxin; theophylline; nifedipine (brand name: Procardia, Adalat); birth control pills; anticonvulsants; antiviral drugs, such as indinavir (brand name: Crixivan); drugs to suppress the immune system; migraine medicines, such as sumatriptan (brand name: Imitrex) |