

Talking to Your Doctor About COVID-19 Vaccine Options



Understanding Vaccine Options

There are two types of COVID-19 vaccines available:

mRNA & non-mRNA

Both help your immune system recognize and fight the virus.

Why Vaccination Matters

Staying up to date on your COVID-19 vaccine helps protect you from serious illness that could lead to hospitalization or death.



Talking to Your Doctor

Your family doctor wants to hear your concerns and understand your personal values. Here are some questions you can ask your doctor:

- What are the differences between mRNA and non-mRNA COVID-19 vaccines?
- Which vaccine is recommended for me and why?
- What are the potential side effects?
- Are there any reasons I should not receive a COVID-19 vaccine?

Making a Shared Decision

Work with your doctor to make an informed decision based on the best available evidence. Shared decision-making ensures your values and preferences are considered.